

Northview Senior Citizens Newsletter

November 2009 ~ December 2009 ~ January 2010

Due to the timing of our newsletters opportunities come up after we go to print. Because of this, we have several opportunities that need your attention immediately! Please contact Christine at 365-6150 or at cfriedt@nvps.net if you are interested in the following activities:

Tuesday, November 3rd ***Brown Bag ~ Grand Rapids!***

We had a bus load of members who thoroughly enjoyed the Brown Bag tour of Amish Country in August. We have organized another and we are keeping it local! "Bag" some fun by joining this day trip as we visit unique, locally owned businesses and we will receive a special gift from each business to fill our Brown Bag. Enjoy a wonderful lunch at a historic, locally owned restaurant.

Included: travel by deluxe motor coach, lunch and all gratuities & lots of goodies in our bag!

Pick up at Ambrose Ridge: 9:15 a.m.

Pick up at senior center: 9:30 a.m.

Cost: \$62.00 Reserve your spot now!

Tuesday, November 11th ***Senior Fun Day*** ***at the Grand Rapids Griffins***

The Grand Rapids Griffins Hockey Team is sponsoring a special day filled with bingo, a sack lunch and a hockey game at the Van Andel Arena. Join other area seniors for a sporting good time!

Price includes: a school bus ride to Van Andel Arena, bingo, a sack lunch and a noon game.

Cost: \$15.00 Reserve your spot now!

For a healthy walk come to the Northview High School between 6:30 a.m.-10:00 a.m. Monday through Friday on day's school is in session. Maps of the marked walking areas are available at the High School Main Office.

Winter Weather Policy:

When Northview Public Schools are closed, the Plainfield Senior Center will be closed.

Listen to radio stations or watch the T.V. stations WCUZ, WLAV, WOOD, WZZM-13, or WOTV-TV8. Every effort is made to have school closings on the air by 6:45 a.m.

Reservations and sending payments

Northview Senior Citizens
4365 Hunsberger N.E.
Grand Rapids, MI 49525
616-365-6150
cfriedt@nvps.net

Site of Program

Plainfield Senior Center
5255 Grand River Dr. N.E.
Grand Rapids, MI 49525

Weekly Class Schedule

Mondays

“Steps to Healthy Aging”

½ hour of exercise and

½ hour of discussion of health issues

\$1 class fee

10:00 ~ 11:00 am

Tuesdays

Holly Harvest Bazaar Workshop

9:30 ~ 11:30 am

Wednesdays

Bridge/Card Games

New time! \$1 fee

1:00 ~ 3:00 pm

Social Sewing Circle

1:00 ~ 4:00 pm

Thursdays

Line Dancing

\$2 class fee

9:30 ~ 10:30 am

AFEP Exercise Class (Formerly PACE)

One hour of exercises ~ \$1 class fee

11:00 ~ 12:00 pm

Fridays

Choir 1:00 ~ 3:00 pm

New Programs

~ as well as Old Favorites ~

~ Monthly Luncheons ~

Join us for some fellowship and fun!

Entertainment following the meal

Tuesday, November 24th at Noon

Thanksgiving Luncheon

Chaired by Willie Schrier and Gayle Gooslin

Menu: Roast turkey with dressing, mashed potatoes, gravy, cranberry sauce, roll and pumpkin pie

Reservations due by November 18th @ 365-6150

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Tuesday, December 22nd at Noon

Christmas Luncheon

Chaired by Bev Brumley and Betty Brown

Menu: Baked ham, Au Gratin potatoes, Jell-O, California blend vegetables, roll and cheesecake

Reservations due by December 16th @ 365-6150

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Tuesday, January 12th at Noon

Happy Birthday Luncheon

We're celebrating EVERYONE'S Birthday!

Chaired by Norb and Mary Fisher

Menu: meat lasagna, bread sticks, tossed salad, birthday cake with ice cream

Reservations due by January 6th @ 365-6150

Cost: \$5.00 paid in advance

**Saturday, November 7th
28th Annual
Holly Harvest Bazaar
9:00 a.m. ~ 3:00 p.m.**

*Shop the crafts, Maggie's Attic and enjoy
lunch!*

~ Baked goods drop off is 9:30 to 12:30 on
Thursday and Friday

~ Raffle tickets return due. We have raffle
tickets for those who have not picked them up
yet. Drawing will take place at 3:00 p.m.

~ *Thank you for supporting this fundraiser* ~

Money earned goes towards events such as
Bunco, Bingo, refreshments, paper products,
newsletter printing and mailing etc.

**Tuesday, November 10th @ 1 p.m.
Turkey Bingo**

Play will take place in the main room. Grocery
items will feature trimmings for a

Thanksgiving dinner (turkey, sweet potatoes,
stuffing, squash, cranberries, pumpkin pie).

~ *Refreshments, Fellowship and Fun* ~

\$1 donation at the door

~ Line Dancing ~

Line Dancing is back at Northview!! Dust off your
dancing shoes and join us for a variety of music and
line dances. Class fee: \$2.00 per class

*Pat comes early to help those who are new or need a
few refresher steps prior to the class starting. Class
runs from 9:30 to 10:30 a.m. and runs every week on
Thursdays (except November 5th and 26th and
December 24th and 31st).*

**“The Chain Gang” ~ Crochet Class
The class participants are enjoying this class
so much they have decided to continue
meeting weekly!**

If you would like to join them ~ please do!
All ages and abilities welcome!

They continue to learn and master basic stitches: chain,
single, half double, double, treble and how to change
colors at the end of a row. Bring a size G hook and a
skein of 4ply yarn in your favorite color. Lots of fun
learning to be had by all! Join our "Chain Gang". The
goal is to make it fun and as unstressful as possible.

Our instructor is Alice D'Agostino.

Meeting weekly on Monday's at 1:00 p.m.

Ongoing ~ \$2 per class paid to instructor

To sign up ~365-6150

cfriedt@nvps.net

Book Club

We have our 12 members! If you are interested in
joining, Christine is taking names for another group to
get started.

November 12th, December 10th and January 14th at 1:00

**Grocery Bingo and Social Dance
Tuesday's ~ November 17th,
December 15th and January 19th
From 1-3 p.m.**

Join others as they enjoy bingo with grocery
items as prizes or enjoy the live music of
Social Aires Dance Band. Whether you just
want to sit and enjoy the music or do a little
dancing ~ join us! Fellowship & refreshments!

Pay at the door: \$1/bingo \$2/band

~ **Monthly Lunch Bunch** ~

~ **Special Events Lunch Bunch** ~

This new group met in September and they decided on two different groups! Many of them will participate in both.

Monthly Lunch Bunch will meet on the second Friday of each month (starting in November) to enjoy lunch and a movie.

November 13th, December 11th and January 8th.

Please contact Pat Arbour for more info at 361-0070.

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Special Events Lunch Bunch will be event driven and not meet on a set day of the month. For example, they rented the Grand Rapids Trolley and toured ArtPrize on Friday, October 9th and enjoyed lunch at Panera Bread prior to the excursion. They will look at local, upcoming events and plan lunch and an excursion around it.

If you are interested in being on the list for this group Contact Nancy Porter @ 361-6946 or Gayle Gooslin @ 365-0293 for more information.

Wednesday, November 11th @ 10:00
Holiday Cookie Baking Class

The class will use one dough recipe for three different cookies and one dough recipe that will be easy to do but will wow tasters. We will learn how to frost and decorate cookies and explain why and how ingredients are used.

Debra Rodabaugh is back from Williams-Sonoma! About 20 people enjoyed her cooking class last spring so we invited her to teach 3 cooking classes for us this program year! This is the first this year.

Class fee: \$4.00 Sign up in advance!

Tuesday, December 1st @ 1:00 p.m.

Christmas Carols and Fellowship

Join us for some holiday music, cookies and Cheer!

~ Free Event ~

Friday, November 20th @ 1 p.m.

Apprentices for Life Lecture Series

John Douglas says "Why me"? Why not? John has spent most of his life in the world of the moving image and it's too late for him to stop now! He has made movies, taught movies, and eventually reviewed movies for The Grand Rapids Press. He currently hosts the Celebrating the Classics at Celebration Cinema.

He will tell stories about his relationship with the movies and engage the audience to go wherever they want in terms of subject.

Free event Partnering with Rockford Seniors

Tuesday, December 8th

Evening at Evergreen Commons

This holiday favorite is back! Evergreen Commons is a senior center in Holland, MI that hosts a delicious dinner and their Chorale puts on a musical extravaganza. This show will put you in the holiday spirit!

School bus leaving the senior center at 4:15
School bus leaving Ambrose Ridge at 4:30

Cost: \$28.00 Limited tickets available

Tuesday, January 5th @ 1:00 p.m.

~ **Video Day** ~

Join us at the center for a movie, popcorn and soda to view The Courtship of Eddie's Father starring Glenn Ford and Shirley Jones.

Free Event!

New Class! ~ Memoirs Class ~

"Grandma, were you ever little like me?"

Do your kids keep asking you to write about your life? Do you have the desire but just don't feel you know how to get started? Your memories are a valuable treasure for your family. Are you interested in a class that will help you write down those experiences from your past? Grammar, punctuation, great literature or creative writing will NOT be stressed. We will simply encourage you to tell your own stories in your own way. As you start, your memory will sharpen. You will be surprised at your own ability!

Week one will be a presentation...Why it is important to write your memoirs. How and why the facilitator got involved. What we intend to accomplish in the weeks ahead.

The following weeks will give you the confidence to write and read aloud your own stories. It will be an exciting & fun experience.

Beginning Wednesday, January 6th and running until February 10th at 1:30 p.m.

Cost: \$12.00 for the 6-week class *Call to sign up!*

Friday, January 15th at 1:00 p.m.

Apprentices for Life Lecture Series

The Grand Rapids Art Museum is about to celebrate its Centennial, preserving the cultural heritage of West Michigan for 100 years. They also recently opened a new building which was cited by Newsweek as one of the world's six best new buildings of 2007. Moreover, they are the first art museum in the world to be LEED® Gold certified for their earth friendly innovative design and operation. LEED stands for Leadership in Energy and Environmental Design, a benchmark for measuring high performance buildings.

Join us in a presentation on Art, Architecture and Environment by Stephanie A. Neal

No Cost ***Partnering with Rockford Seniors***

Thursday, January 21st

Moon Over Buffalo at the Civic Theatre

This backstage farce tells the tale of an acting couple who are on tour in 1953 Buffalo with a repertory consisting of Cyrano de Bergerac "revised, one nostril version" and Noel Coward's Private Lives. But, fate has a twist (or two) and misunderstandings pile on madcap misadventures. Moon Over Buffalo is a hilarious valentine to Theatre Hams.

School bus leaves senior center at 6:30 p.m.
School bus leaves Ambrose Ridge at 6:45 p.m.

Cost: \$20 ***Limited seats available***

TAX APPOINTMENTS

at the Plainfield Senior Center

Every Thursday in February ~

9:00 a.m.—2:30 p.m.

Tax appointments may be made by calling
365-6150 **after January 7, 2010**

Items to bring with you include:

Copy of last year's return.

All income statements, W-2's

1099 forms showing interest and/or dividends

Documentation showing original purchase

price of sold assets

Pension or annuity income

SSH-1099 Social Security benefits

All forms indicating income tax paid

All receipts or cancelled checks if itemizing

deductions

Social Security number for all dependents

Property tax bills for 2009 if claiming Property

Tax Credit

November Activities

- 3 Brown Bag Trip
- 5 Advisory Board Meeting @ 10:00 a.m.

**NO CLASSES ON NOVEMBER 5TH AND 6TH
DUE TO HOLLY HARVEST BAZAAR SET UP**

- 7 Holly Harvest Bazaar from 9:00 to 3:00
- 10 Turkey Bingo @ 1:00
- 11 Holiday Cookie Baking Class @ 10:00 a.m.
- 11 Grand Rapids Griffins Hockey Outing
- 12 Book Club @ 1:00 p.m.
- 13 Monthly Lunch Bunch
- 16 Turkeyville Trip
- 17 Bingo and Social Dance @ 1:00 p.m.
- 20 Apprentices for Life Lecture Series @ 1:00
- 24 Thanksgiving Luncheon at Noon
- 26 HAPPY THANKSGIVING!

December Activities

- 1 Holiday Party @ 1:00 p.m.
- 3 Advisory Board meeting at 10:00 a.m.
- 8 Evening at Evergreen
- 10 Book Club at 1:00 p.m.
- 11 Monthly Lunch Bunch
- 15 Bingo and Social Dance @ 1:00 p.m.
- 22 Christmas Luncheon at Noon
- 25 MERRY CHRISTMAS!

**NO PROGRAMMING THE WEEK BETWEEN
CHRISTMAS EVE AND NEW YEARS DAY**

January Activities

- 5 Video Day ~ Courtship of Eddie's Father @ 1:00
- 6 Memoirs Class @ 1:30 p.m.
- 7 Advisory Board Meeting at 10:00 a.m.
- 8 Monthly Lunch Bunch
- 12 Birthday Luncheon at Noon
- 13 Memoirs Class at 1:30 p.m.
- 14 Book Club at 1:00 p.m.
- 15 Apprentices for Life at 1:00 p.m.
- 19 Bingo and Social Dance @ 1:00 p.m.
- 20 Memoirs Class @ 1:30 p.m.
- 21 Civic Theatre Outing
- 26 Holly Harvest Bazaar Appreciation Luncheon
By Invitation
- 27 Memoirs Class @ 1:30 p.m.

Thank You! Thank You!

September Luncheon chair's ~ *Betty Brown and the Holly Harvest Bazaar committee* ~

October Luncheon chair's ~ *Lottie Buck and Nora Sasak and the many luncheon workers* ~

Judy Heidenreich for putting so much time and effort into the fall Brown Bag trip ~

Nancy Porter and Gayle Gooslin for stepping forward to chair the Special Events Lunch Bunch and for pulling together the ArtPrize Trolley outing ~

Pat Arbour for volunteering to chair the Monthly Lunch Bunch and Movie group ~

Bob Heidenreich for setting up and handling the accounting and budget for the program ~

Prayers and Concerns

Bill Schumacher and Lorraine Walsh.

Nursing Homes

Vivian Hood - Porter Hills, **Maxine Melinn** – Northview Manor, **Basil Melinn and Dorothy Doyle** - St. Mary's Living Center, **Betty Lunger** -Clark Retirement, **Joan Martin** - Pilgrim Manor, **Doris Osburn** – 8305 Cowen Lake Rockford 49341, **Bill Paul** - Bishop Hills.

You May Have Noticed

... That our Bridge group and Card/Game players are now playing at 1:00 p.m. They are looking for others to join the fun!

Happy Birthday

November

2	Verajeane Hall, Judy Schut
5	Verna DeVries, Alice D'Agostino
6	Corinne Weeks
10	Beatrice Barkley
11	Judy Heidenreich, Julie Wheeler
12	Emily Rosendall, Beverly Fron
13	Lee Haas
14	Dorothy Brochu
15	Jean Hadding
16	Betty Barbour
18	Lucy Traxler, Bernice VanderWoude
21	Paul Kazmierski
26	Virginia Ritzke

December

1	Angelo Tiberio, Carol Tataro
2	Doug McDonald
4	Esther Hanes, Betsy Willard, and Christine Friedt
5	Warren Jackson
7	Lorraine Walsh
9	Hazel Bond, Joan Doyle
10	Mary Kurylo
11	Pearl Bahre
15	Betty Muma
16	Adeline Anderson, Escha Boyd, Joan Hoffman
18	Jane Schaub
22	Marie Jones
24	Marie Dennie, Thomas Piotrowski
25	Florence Piotrowski
29	Ken Oard
30	Loretta Morrow Phyllis Price, Syed Naqvi

January

1	Lee Marcusse
2	Donald Berg
7	Cecelia Truesdell, John Willard
8	Vivian Lane, Alice Reames
10	Myra Riedy, Evelyn Van Timmeren
11	Marcia DuVall
13	Nell Frederick
14	Marie Buffington
16	Marge Berrevoets, Gail Dillemath
18	Doris Johnson
19	Denise Schumacher
24	Vivian Hood
31	Marie Heyboer Bea Gohel, Evelyn Hammond, Judy & Joseph Niewiadomski

Help Needed!

We have various areas where we could use some additional help.

... We need two people who would decorate the center for different seasons and holidays. For example, putting up new wall decorations and taking down and storing the old ones.

... We need a committee of people who are interested in planning future bus trips ~ both day long and multi-day trips who will meet two or three times a year and make recommendations to the Advisory Board.

... We need one person who will help Donna Owen with snack for the monthly bingo/social dance event. Prepping the snack, serving and cleaning up is what is needed ~

Thank you for considering the following areas.
Contact Christine if you are able to volunteer
@ 365-6150 or cfriedt@nvps.net